

A Gardening Surprise.

"Stephen," his mother said, "you really will have to dig over the garden." Reluctantly he rose from his chair. The rugby on Channel 4 would have to wait. Slowly he walked to the disorganised garage. It took him ten minutes to find a spade. He turned on a tap, washed and scraped the caked clay from the spade.

Slowly he dug at the wet and heavy clay. Ten minutes passed and the fruits of his labours showed little reward. The work was hard and laborious. He pressed hard on the spade with his foot and "clunk," it came to an abrupt halt.

Slowly, meticulously he prised up the large stone and lifted it to the edge of the garden and returned to his digging. Ten more minutes passed and the spade stopped with a hollow thud. "Oh no, not another stone!" he said to himself. He knelt down and removed the soil with his bare hands to expose a rusting box. "Mum," he screamed, "I've found a box! Come out here now!" Quickly he scraped the soil away to reveal an engraved top. He dug deeper and eventually lifted the box on to the surface.

"Look," he said, "it's padlocked." Lifting his spade, he struck the padlock one short, sharp blow - the box sprang open to reveal.....

Choose the **best word or phrase** each time. Underline your answers.

- | | | | | | |
|---|-------------------------------|------------------|----------------------------|------------------------|------------------|
| 1 | Reluctantly means - | quickly | happily | unwillingly | slowly |
| 2 | Abrupt means - | sudden | slow | long | early |
| 3 | Caked clay means - | baked clay | dried clay | boiled clay | heavy clay |
| 4 | Fruits of his labours means - | nuts and raisins | member of the Labour Party | the outcome of working | apples on a tree |

Write **one word**, from the passage, that proves that each of the following is true.

- | | | |
|---|-----------------------------|-------|
| 5 | The box was made of metal - | _____ |
| 6 | The garage was untidy - | _____ |
| 7 | The box had writing on it - | _____ |

Read the passage carefully and decide if the following statements are **true**, **false** or **you cannot tell**. Underline your answer.

- | | | | | |
|----|----------------------|-------------|--------------|----------------------|
| 8 | The man is married. | True | false | I cannot tell |
| 9 | The man plays rugby. | True | false | I cannot tell |
| 10 | The garden was dry. | True | false | I cannot tell |

Choose the best words to complete the passage so that it makes sense.
Choose from the words in **bold type**. Circle one word in each group.

11 18

INSULATION

It is very (**obvious, important, exceptional, worth**) to insulate homes to prevent the loss of (**draughts, heat, pets, noise**). Heat can be lost through many parts of a house and this not only (**keeps, wastes, costs, leaks**) heat and energy but adds to our fuel bills. The amount of fuel used can be reduced by (**keeping, insulating, insulation, closing**) the home properly.

(**No, Most, All, Warm**) heat is lost through walls and insulating these can save a lot of money each year on a family's (**energy, water, rates, food**) costs.

Insulating walls can be expensive and is a specialised job which should be undertaken by (**keen, expensive, professional, punctual**) workmen.

Wherever possible the loft of a house should also be insulated to further (**keep, maintain, reduce, help**) heat loss.

Punctuate the following sentences with **inverted commas etc.**
Rewrite the sentences on the lines.

19 this is the way to do it explained the teacher

20 _____
lesley whispered i think she is asleep

21 _____
i know where you are jane said

22 _____
how much have you left asked tom

23 _____
i ran all the way said laura because of the rain

24 _____
when you were out said lynne catherine phoned

PHYSIOTHERAPY

Physiotherapy is a very varied and interesting career. Students require "A" levels to enrol on a course of study at university. The course includes anatomy, physiology, psychology and physics. On qualifying they are known as Chartered Physiotherapists. Physiotherapists work in hospitals, special schools, health centres, sports clinics and private practices.

Physiotherapy is based on how the body works and physiotherapists use this knowledge to treat injury and disease. They treat many different groups of people - from newborn babies, to Olympic athletes, to frail and elderly people. Many different treatment techniques are used. Some of these include massage, exercise, heat treatment, treatment in water (hydrotherapy) and relaxation techniques.

A very important part of a physiotherapist's job is to give advice on the prevention of injury. Physiotherapists therefore not only treat the condition but give patients advice on preventing the problem from happening again. Many people treated by physiotherapists have long term crippling diseases such as cerebral palsy, multiple sclerosis, Parkinson's disease and spina bifida. Physiotherapists help these people to cope with their handicaps by adopting positions and practising exercises that will help them remain mobile and healthy for as long as possible.

Physiotherapy can be physically very hard work but it is also very rewarding. No matter what the age or condition of a patient, a Chartered Physiotherapist will be able to help.

- 25 What qualifications do students need to be accepted for the course ? _____
- 26 On qualifying, what are students known as ? _____
- 27 Which word means to give treatment in water? _____

Choose the **best word** or **phrase** each time. Underline your answer.

- 28 An important part of the job is to give _____ techniques injury advice health
- 29 Physiotherapy is based on _____ the heart hydrotherapy
treatment how the body works
- 30 Physiotherapy can be _____ handicapping hard and stressful
wet and cold hard work and rewarding

Find words in the article with **similar** meanings to each of the following.

- 31 register, enlist _____ 32 weak _____
- 33 avoidance _____ 34 able to move _____

HOMONYMS are words that sound the same but are spelt differently and have different meanings.
Underline the correct word in each sentence.

Example. The (deer, dear) had antlers.

- 35 The postman hurried (past, passed) the barking dog.
- 36 The bride walked up the (isle, aisle).
- 37 Have you the (reigns, reins) for the horses ?
- 38 The (profit, prophet) on selling the bicycle was £10.
- 39 The chimney smoked because the (flew, flue) needed cleaning.
- 40 The train was (stationery, stationary) at the platform.
- 41 The horse's (main, mane) flew in the wind.
- 42 It never rains but it (pours, pores).

COMPOUND words are words that are formed from two or more smaller words.

Form eight **COMPOUND** words from these two lists of words.
Use one word from each list to make the new word.

Example **COAST** and **GUARD** form **COASTGUARD**.

List one **GO MAN RAT SUP BULK IN SIDE GENTLE**

List two. **AGE HEAD PORT AT WAYS MAN HER WARDS**

- 43 _____
- 44 _____
- 45 _____
- 46 _____
- 47 _____
- 48 _____
- 49 _____
- 50 _____